

SUBJECT: QUESTIONS FOR SPIRITUAL JOURNEY DIALOGUE  
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Here are some sample "starter" questions I used in our program--

- 1) What have been the three or four most significant or critical experiences in your journey of faith?
- 2) Who would you identify as your "heroes" or "heroines" that shaped your life (people you wanted to imitate or follow)?
- 3) What time in your life would you describe as your happiest--or most satisfying? Which day, event, or year would you most like to relive?
- 4) What have been (or has been) the most difficult/trying moments in your personal faith?
- 5) What particular religious truth means the most to you right now? (If you were trying to get the truth of Christianity across to someone, what would you most emphasize?)
- 6) When have you experienced your greatest suffering--and what helped you most through that?
- 7) If your life could be remembered for one thing--what would it be?
- 8) When did you most clearly understand God's forgiveness?
- 9) What is the most loving thing someone has ever done for you?
- 10) If you could travel back in time and give yourself two or three pieces of advice at age eighteen--what would you want to tell yourself?
- 11) What about "church" means the most to you?
- 12) What were the most important truths your family taught you?
- 13) What spiritual discipline have you found most difficult to maintain?
- 14) What "thorn in the flesh" do you most need God's grace for?